

## **OAKLAND MACOMB OBSTETRICS AND GYNECOLOGY**

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### **One-Hour Glucose Tolerance Test Instructions:**

1. No special diet needs to be followed. No need to fast.
2. Drink glucola chilled. Do not eat or drink after glucola.
3. Start timing when you begin to drink glucola (the first sip).
4. Drink entire contents within 5 minutes.
5. Blood is to be drawn one hour later.
6. Please come to the office 15 minutes before your blood needs to be drawn.
7. When you check in, please inform receptionist what time your blood needs to be drawn.

**DRINK 45 MINUTES BEFORE APPOINTMENT TIME.**

You have negative blood type. You may fill your Rhogam prescription at Wellpointe Pharmacy in our building or Wm. Beaumont Hospital Troy outpatient pharmacy.

**Bring this injection with you to your lab visit.**

Also...Now is a good time to check with your insurance company pertaining to your hospital stay, confirming number of hospital days allowed.